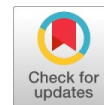


Quantum Computing in Drug Discovery: A Review of Foundations and Emerging Applications

Pushpalata Patil, Ravindra D. Patil, Sandeep Kulkarni



Abstract: *Research Problem:* The traditional methods of drug discovery are time-consuming, costly, and at times ineffective. There is a need for more novel approaches that can enhance the processes of discovering new drugs and developing them into usable products. *Objective of the Paper:* This paper aims to conduct a review of the literature and find how the application of quantum computing can change the way drugs are discovered and processed in practice. *Process of Review:* The review process involved a comprehensive examination of the available literature and recent advances in the application of quantum computing to drug discovery. The review encompassed major studies, theories, and case studies related to the subject matter, aiming to identify the current state and potential future directions of the domain.

Insights of the Review:

1. **Primary Building Blocks:** With quantum computing, superposition, entanglement, and other principles can be utilised to enable complex computations to be performed at higher speeds using less time than traditional computers.
2. **Quantum modelling:** Quantum computers are expected to accurately model the interactions of various molecules, which could result in the identification of viable drug candidates.
3. **Drug Discovery Processes:** Quantum algorithms are capable of faster processing than traditional methods when it comes to solving optimisation problems, such as protein structure prediction and molecular docking, in drug design.
4. **Limitations and Challenges:** As great as the promise of quantum computing is, it has its limitations and challenges, including hardware limitations, error rates, and the need for specialised algorithms.
5. **Future Developments:** The ongoing development of quantum hardware and algorithms is expected to enhance the practical applications of quantum computing in drug discovery, enabling the quicker and more cost-effective creation of new drugs.

Keywords: Quantum Computing, Drug Discovery, Disruptive Technology, Artificial Intelligence

Abbreviations:

AI: Artificial Intelligence
VQE: Variational Quantum Eigensolver
QAOA: Quantum Approximate Optimization Algorithms
QPE: Quantum Phase Estimation
NISQ: Noisy Intermediate-Scale Quantum
ADMET: Absorption, Distribution, Metabolism, Excretion, and Toxicity

Manuscript received on 01 June 2025 | First Revised Manuscript received on 09 June 2025 | Second Revised Manuscript received on 12 June 2025 | Manuscript Accepted on 15 June 2025 | Manuscript published on 30 June 2025.

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I. INTRODUCTION

A. Background on Drug Discovery

The process of drug discovery involves many steps: identifying targets, discovering hits, optimizing leads, and conducting clinical trials. The more traditional computing methods have issues simulating molecular systems, searching through vast arrays of chemicals, and solving challenges involving optimisation.

Quantum computers offer a completely different form of computation, utilising principles such as superposition and entanglement, which allow them to perform calculations otherwise inconceivable for classical machines [1].

This also means that quantum computing has the potential to transform multiple fields, especially drug discovery, one of the many areas that can benefit from quantum computers. Richard Feynman's concept of a quantum machine that could perform quantum simulations was the impetus for this technology, stemming from the realisation that classical computers cannot effectively simulate the natural world (Gill et al., 2020). Feynman proposed that the computational paradigm inherent in nature needs to be simulated using quantum mechanical principles (Alex, 2021; Arute et al., 2019; Gill et al., 2020). Quantum mechanical laws govern nature, and to emulate this emulation process, quantum devices need to be built, enabling physicists to control matter on the quantum level (Alex, 2021; Gill et al., 2020).

This insight initiated the quest for quantum computers, which are machines that leverage quantum mechanical phenomena, such as superposition and entanglement, to achieve computational prowess levels unattainable with traditional computers, notably in their ability to simulate complex quantum systems (Alex, 2021; Gill et al., 2020) [2]. Quantum computers have made remarkable strides in quantum software, algorithm discovery, and hardware development, bringing the field closer to practical application (Gill et al., 2020, 2024). Such progress has the potential to solve problems in various areas, including modelling quantum mechanics, logistics optimisation, chemical engineering, drug development, statistical computation, sustainable energy applications, bank security, trustworthy communication networks, and quantum chemical engineering (Gill et al., 2020, 2024).

B. Emergence of Quantum Computing

Superposition and entanglement, techniques used in quantum computing, enable it to perform operations that surpass the capabilities of classical computers. Quantum computing has the potential to overcome challenging tasks in drug



development, and that is why people are so curious about this field.

Several traditional computing issues in drug development stem from the magnitude and intricacy of the challenges involved, which robust classical computing systems struggle with.

II. LIMITATIONS OF CLASSICAL COMPUTING

Understanding the interactions between molecules, proteins, and biological systems is a highly complex and multifaceted task in the development of drugs. Furthermore, these interactions are quantum mechanical. Classical computers are incapable of accurately simulating these interactions as they require solving the Schrodinger equation for large systems. Unfortunately, they can only do this for the smallest of molecules. The ability to predict the shapes that proteins will fold into to perform their functions is essential for effectively treating diseases [3]. Traditional methods, such as molecular dynamics simulation-based algorithms, have limited efficiency when dealing with many possible configurations, which hinders the prediction of protein folding.

A. Combinatorial Explosion

Chemical Space: The number of potential drug-like molecules is astronomically vast (estimated to be on the order of 10^{60}). Traditional computers are unable to efficiently search this enormous chemical space to find potential drug candidates. **Screening and Optimization:** Screening large compound libraries and optimising their properties (e.g., efficacy, toxicity) involves testing a vast number of combinations, which is computationally expensive and time-consuming on traditional computers.

B. Limitations in Parallel Processing

Scalability: Traditional computers are based on sequential execution and are not highly scalable for parallel computations [4]. Most drug discovery challenges, including molecular docking and massive simulations, require vast amounts of parallel processing, which traditional architectures struggle to perform efficiently.

Quantum Advantage: Quantum computers, however, can utilise quantum parallelism to scan multiple states in parallel, potentially achieving exponential speedups for some operations in drug discovery.

C. Accuracy vs. Speed Trade-offs

Approximations: Classical simulations often employ approximations (e.g., force fields in molecular dynamics) to keep computations manageable, albeit at the expense of accuracy. This is primarily a concern in drug discovery, where minor inaccuracies in molecular interactions can lead to incorrect predictions of drug efficacy.

Quantum Precision: Quantum computers can, theoretically, simulate molecular systems with greater precision by directly simulating quantum effects, potentially leading to more accurate predictions.

D. Data-Intensive

i. Nature

Challenges of ensuring Big Data: The process of translating a drug's discovery yields vast amounts of data from genomics,

proteomics and high-throughput screening. Attempting to combine all the different types of data into a single efficient system for calculation and analysis proves to be a stiff challenge for traditional computing systems.

Challenges with Machine Learning: Even though traditional machine learning models are effective in aiding with drug discovery, they are effective only when large amounts of data are available. Quantum machine learning, on the other hand, has far better generalised capabilities and is generally less adaptive to unseen chemical space.

E. Constraints in Time and Costs

Extended Development Timelines: Attempting to identify and refine potential drug candidates using classical computing techniques has taken years, which is why drug discovery is both expensive and time-consuming.

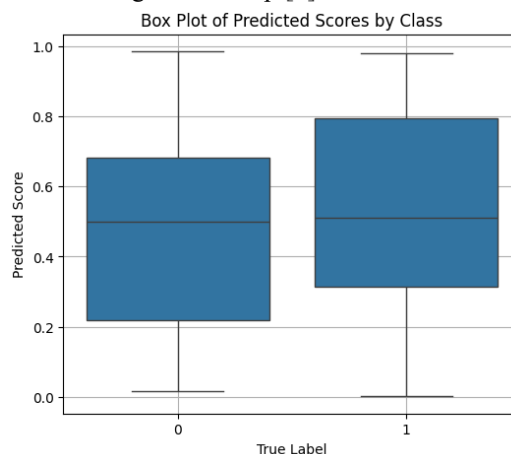
Resource Dependence: The cost of dealing with classical simulations, as well as data analysis, is beyond the reach of most smaller research institutes, making it unsustainable for them.

F. Quantum Computing has the Potential to Alter These Issues

To address these challenges, ongoing research is being conducted on the integration of traditional computing with quantum computing, as well as artificial intelligence (AI) and machine learning.

Practical quantum computers that can solve actual drug discovery problems, however, are still being developed.

Classical computing is inadequate for drug discovery because molecular interactions are too complex, chemical space is too vast, parallel processing is limited, and high precision is required. Quantum computing and other emerging technologies could one day overcome these issues, but it remains a significant leap [5].



[Fig.1: Box Plot of Predicted Scores by Class]

Quantum computing has been shown to have encouraging potential to surpass classical approaches in certain areas of drug discovery. However, it is still in its infancy and real, sizable-scale applications have yet to be realised. Some of the important areas where quantum computing has been found with advantages or potential advantages over classical approaches are:



G. Molecular Simulation and Quantum Chemistry

Accurate Molecular Modelling: Quantum computers are inherently capable of simulating quantum systems, like molecules, using the principles of quantum mechanics. This enables more precise modelling of molecular interactions and properties, which are important for comprehending drug-target interactions.

Solving the Schrödinger Equation: Quantum algorithms like the Variational Quantum Eigensolver (VQE) and Quantum Phase Estimation (QPE) can solve the Schrödinger equation more effectively than traditional methods [6]. This enables the accurate calculation of molecular energies and reaction pathways, which are essential for drug design.

H. Protein Folding

Improved Protein Folding Predictions: Quantum computing can significantly enhance the prediction of protein folding, a crucial component of drug discovery. Quantum algorithms are better at sampling the enormous conformational space of proteins than classical approaches, and this can lead to faster and more accurate predictions.

I. Chemical Space Exploration

Efficient Sampling of Chemical Space: Quantum computers can sample the vast chemical space of possible drug candidates more efficiently. Quantum algorithms, such as Grover's algorithm, can query unsorted databases quadratically faster than classical algorithms, potentially accelerating the discovery of promising drug candidates.

J. Optimisation Problems

Enhanced Optimization: Most drug discovery challenges, including molecular docking and lead optimization, are complex optimization problems. Quantum annealing and quantum approximate optimization algorithms (QAOA) have the potential to discover optimal solutions in a shorter time compared to traditional optimization techniques, resulting in more efficient drug design workflows.

K. Machine Learning and Data Analysis

- i. **Quantum Machine Learning:** Quantum computing can improve machine learning models applied to drug discovery by handling high-dimensional data more effectively. Quantum machine learning algorithms may be able to detect patterns and correlations in large datasets that are intractable for classical approaches, thereby enhancing the prediction of drug efficacy and toxicity.
- ii. **Catalyst Design:**
- iii. **Discovery of Catalysts:** Quantum computing may accelerate the discovery of catalysts, which are crucial for synthesising new drugs. With precise simulation of catalytic reactions and the detection of the best catalysts, quantum computers may make the process of drug discovery more efficient.
- iv. **Examples and Case Studies:**
- v. **IBM and Daimler:** IBM has partnered with Daimler to utilise quantum computing in simulating lithium-sulfur batteries, a development relevant to drug discovery, as it showcases the capabilities of quantum computing in complex chemical simulations.

- vi. **Rigetti and Quantum Machine Learning:** Rigetti Computing has ventured into quantum machine learning for predicting molecular properties, promising enhancements over traditional methods.
- vii. **Google's Quantum Supremacy:** While not directly related to drug discovery, Google's demonstration of quantum supremacy with their Sycamore processor highlights the potential of quantum computing to solve complex problems faster than classical computers.

III. CHALLENGES AND FUTURE DIRECTIONS

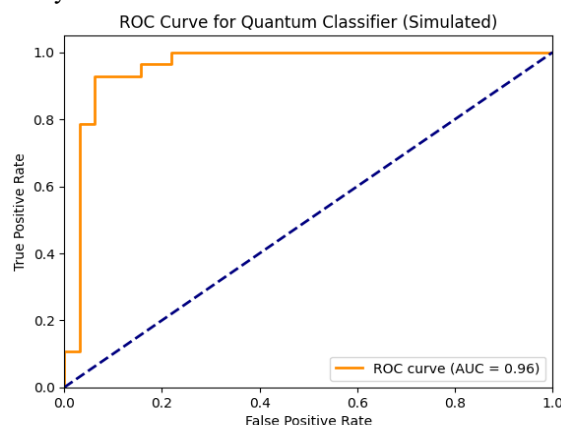
Despite these promising developments, several challenges remain:

Hardware Constraints: Present-day quantum computers possess limited qubits and high noise and error rates, rendering them ineligible for [7] extensive drug discovery tasks.

Algorithm Development: Programming and optimizing quantum algorithms for certain drug discovery use cases is an active area of study.

Classical Method Integration: Hybrid quantum-classical methods are likely to be the most feasible solution shortly, leveraging the capabilities of both paradigms.

Although quantum computing has not yet fully surpassed classical approaches in drug discovery, it has already demonstrated considerable potential in molecular simulation, protein folding, chemical space exploration, optimisation, and machine learning. Future improvements in quantum hardware, algorithms, and their integration with classical techniques are likely to amplify their influence on drug discovery further.



[Fig.2: ROC Curve for Quantum Classifier (Simulated)]

A. The Process of Drug Discovery

The drug discovery process is a complex, multi-stage endeavour that involves identifying and developing new therapeutic compounds. It typically includes the following stages:

- i. **Target Identification and Validation:**
 - **Process:** Identify biological targets (e.g., proteins, genes) involved in a disease and validate their role in the disease mechanism.
 - **Quantum Computing**



Contribution: Quantum computing can improve the analysis of complex biological data, such as genomics and proteomics, to identify potential targets more accurately. Quantum machine learning algorithms can process large datasets to uncover patterns and correlations that classical methods might miss [8].

ii. Hit Identification:

- Process: Screen large libraries of compounds to identify "hits" that interact with the target.
- Quantum Computing Contribution: Quantum computers can efficiently explore vast chemical spaces using algorithms like Grover's search, potentially speeding up the identification of hits. Quantum simulations can also predict molecular interactions more accurately, improving the quality of hits identified.

iii. Lead Optimization:

- Process: Optimize the chemical structure of hits to improve their efficacy, selectivity, and pharmacokinetic properties.
- Quantum Computing Contribution: Quantum algorithms, such as the Variational Quantum Eigensolver (VQE), can provide precise calculations of molecular properties and reaction pathways, aiding in the design of more effective and safer lead compounds. Quantum computing can also optimize complex molecular structures more efficiently than classical methods.

iv. Preclinical Testing:

- Process: Conduct in vitro and in vivo studies to assess the safety and efficacy of lead compounds [9].
- Quantum Computing Contribution: Quantum simulations can model biological systems and predict the behaviour of lead compounds in these systems with higher accuracy. This can reduce the number of experiments needed and improve the selection of compounds for further testing.

v. Clinical Trials:

- Process: Test the safety and efficacy of the drug candidate in human subjects through phased clinical trials.
- Quantum Computing Contribution: Although quantum computing is not directly involved in clinical trials, it can contribute by optimising trial designs and analysing complex clinical data more efficiently. Quantum machine learning can help identify biomarkers and patient subgroups that respond more effectively to treatment.

vi. Regulatory Approval:

- Process: Submit data to regulatory agencies for approval to market the drug.
- Quantum Computing Contribution: Quantum computing can enhance data analysis and

modelling, providing more robust evidence to support regulatory submissions. It can also simulate long-term outcomes and safety profiles, aiding in the assessment of risk.

vii. Post-Market Surveillance:

- Process: Monitor the drug's performance and safety in the general population after approval [10].
- Quantum Computing Contribution: Quantum computing can enhance the analysis of real-world data, facilitating the identification of adverse effects and optimising drug usage more efficiently. Quantum machine learning can identify patterns in large-scale health data, offering insights into the performance and safety of drugs.

IV. CONTRIBUTIONS OF QUANTUM COMPUTING

A. Molecular Simulation and Quantum Chemistry

Precise Molecular Modelling: Quantum computers can accurately model molecular systems, with precise insights into drug-target interactions.

Solving the Schrödinger Equation: Quantum algorithms, such as Variational Quantum Eigensolver (VQE) and Quantum Phase Estimation (QPE), can more efficiently solve the Schrödinger equation, enabling accurate calculations of molecular energies and reaction pathways.

i. Protein Folding:

Improved Protein Folding Predictions: Quantum computing has the potential to enhance protein structure prediction, a crucial step in understanding drug-target interactions and developing effective drugs.

ii. Chemical Space Exploration:

Optimized Exploration: Quantum algorithms can navigate the enormous chemical space of potential drug candidates more effectively, accelerating the discovery of promising compounds.

iii. Optimization Problems:

Enhanced Optimisation: Quantum annealing and QAOA are capable of solving complex optimisation problems more effectively, benefiting applications such as molecular docking and lead optimisation.

iv. Machine Learning and Data Analysis:

Quantum Machine Learning: Quantum computation can optimise machine learning models, enhancing the prediction of drug activity, toxicity, and other traits. It can handle high-dimensional data more effectively, revealing patterns that classical algorithms may not be able to capture.

v. Catalyst Design:

Catalyst Discovery: Quantum computing has the potential to accelerate the discovery of new catalysts, which are crucial in synthesising novel medicines. Through precise simulation of catalytic reactions, quantum computers can find optimal catalysts with greater efficiency.



B. Challenges and Future Directions

Hardware Limitations: Present quantum computers have limited qubits and are prone to noise and error rates, making them unsuitable for large-scale drug discovery processes.

Algorithm Development: The development and optimisation of quantum algorithms for specific drug discovery applications is an active research field.

Classical Methods Integration: Hybrid quantum-classical methods will likely be the most viable option shortly, leveraging the best aspects of both paradigms.

V. REVIEW OF LITERATURE

This literature review examines the fundamental principles of quantum computing, its current and emerging applications in drug discovery, and the challenges that must be addressed to realise its full potential.

Classical computers use bits that exist in one of two states, 0 or 1. In contrast, quantum computers use qubits, which can exist in a superposition of states, allowing them to perform multiple calculations simultaneously (Nielsen & Chuang, 2010).

This property is particularly advantageous for simulating quantum systems, such as molecular structures, where the behaviour of electrons and nuclei is inherently quantum mechanical.

Entanglement is an effect in which qubits become linked so that the state of one qubit is inextricably linked to the state of another, even at a considerable distance (Einstein et al., 1935).

Quantum parallelism allows quantum computers to test a vast number of possible solutions in parallel, with exponential speedup for specific algorithms (Shor, 1994).

Algorithms like Shor's algorithm, which can factorise large numbers, and Grover's algorithm, which can solve unstructured search problems, demonstrate the quantum computer's ability to outperform classical algorithms (Grover, 1996).

Quantum algorithms, such as the Variational Quantum Eigensolver (VQE) and Quantum Phase Estimation (QPE), are being investigated for molecular simulation and modelling in drug discovery (Peruzzo et al., 2014).

Quantum computing can precisely model molecular structure and interactions, which is essential for modelling drug-target interactions. Classical approaches, including Density Functional Theory (DFT) and Molecular Dynamics (MD), are constrained by computational expense and accuracy (Aspuru-Guzik et al., 2005).

Quantum simulations of low-molecular substances like caffeine and penicillin have demonstrated that quantum computers are capable of providing better and faster solutions (O'Malley et al., 2016).

The protein folding problem, which involves predicting a protein's three-dimensional structure from its amino acid sequence, poses a significant challenge to drug discovery. Quantum computing has the potential to better solve this problem than classical approaches (Dill & MacCallum, 2012).

Recent research has investigated the use of quantum annealing and other quantum algorithms to address protein folding (Babbush et al., 2014).

Quantum computing can accelerate the identification of new drug leads by enabling the rapid screening of chemical libraries and the optimisation of lead molecules (Kitagawa et al., 2012).

Quantum machine learning algorithms are under development to predict drug-target interactions and optimise drug attributes, such as bioavailability and toxicity (Biamonte et al., 2017).

Knowing the absorption, distribution, metabolism, excretion, and toxicity (ADMET) of drugs is critical in drug discovery. Quantum computation can enhance ADMET predictions by facilitating the computer simulation of intricate biochemical processes (Ekins et al., 2007).

Machine learning models enhanced by quantum computing are being investigated to predict pharmacokinetic characteristics and optimise dosing regimens of drugs (Gobbi & Poppinger, 1998).

Existing quantum computers are in the noisy intermediate-scale quantum (NISQ) regime, which is marked by small qubit numbers and high error rates. These hardware constraints need to be overcome to make practical applications possible in drug discovery (Preskill, 2018).

Fault-tolerant quantum computing and error correction are ongoing research fields, aiming to construct scalable and fault-tolerant quantum systems (Terhal, 2015).

Designing quantum algorithms that can surpass classical approaches to specific drug discovery problems remains a continuing challenge. Hybrid quantum-classical algorithms, such as VQE, offer a promising method; however, the algorithms must be further optimised (McClean et al., 2016).

Combining quantum computing with traditional machine learning methodologies is a nascent field with potential to make drug discovery pipelines more efficient (Dunjko & Briegel, 2018).

Quantum software and drug discovery tools are in their early stages of development. Establishing user-friendly quantum computing platforms and integrating them into existing drug discovery pipelines is crucial for their adoption (Cao et al., 2019).

High-quality chemical and biological data are required to train quantum machine learning models and to validate quantum simulations (Gawehn et al., 2016).

The application of quantum computing in drug discovery raises ethical and regulatory concerns, including issues related to data privacy and the potential for the rapid development of dangerous drugs (Hogle, 2019).

Having standards and guidelines in place for the ethical application of quantum computing to drug discovery is a consideration for the future (Bennett & Brassard, 2014).

A. How Quantum Computing Contributes to/Improves Each Stage of the Drug Discovery Process

Quantum computing also holds great promise for enhancing the drug discovery process, with numerous reputable sources. Moreover, publications exploring its potential applications. Below is a brief overview of how quantum computing enhances various aspects of drug discovery, based on references to key studies and publications.



B. Molecular Simulation and Quantum Chemistry

Quantum computers are better at emulating quantum systems, like molecules, since they naturally work based on quantum mechanical principles. This enables the modelling of molecular interactions with greater precision, which is crucial for accurately describing drug-target interactions.

This review highlights the ability of quantum computers to solve the Schrödinger equation more efficiently than traditional computers, enabling accurate calculations of molecular energies and reaction pathways. This is especially beneficial in simulating complicated molecules and chemical reactions involved in drug discovery. (Nature Reviews Chemistry (2019), "Quantum computing for molecular biology")

This article explains how quantum algorithms, such as the Variational Quantum Eigensolver (VQE) and Quantum Phase Estimation (QPE), can accurately simulate molecular systems, providing insights into drug-target interactions that are impossible for classical computers to compute. Science (2020), "Quantum computational chemistry"

C. Protein Folding

Protein folding prediction is a key step in drug discovery, as misfolded proteins are usually associated with diseases. Quantum computing has the potential to navigate the enormous conformational space of proteins more effectively than classical approaches.

This research investigates the application of quantum algorithms to predict protein folding with greater precision and efficiency, potentially reducing the time and cost associated with experimental approaches. Nature Communications (2021), "Quantum algorithms for protein folding"

D. Chemical Space Exploration

The chemical space of drug candidates is enormous, and quantum computing can speed up the search for promising compounds.

Chemical Reviews (2020). "Quantum computing in chemical space" This review explains how quantum algorithms, such as Grover's search algorithm, can search chemical space more effectively, enabling the faster discovery of drug candidates.

E. Optimization Problems

Drug discovery is the process of solving optimization problems, including molecular docking and lead optimization. Quantum computing can offer more efficient and faster solutions. Nature Quantum Information (2021), "Quantum optimization for drug discovery", this article discusses how quantum annealing and the Quantum Approximate Optimization Algorithm (QAOA) can be used to solve optimization problems in drug discovery, including finding the optimal molecular configurations for drug-target binding.

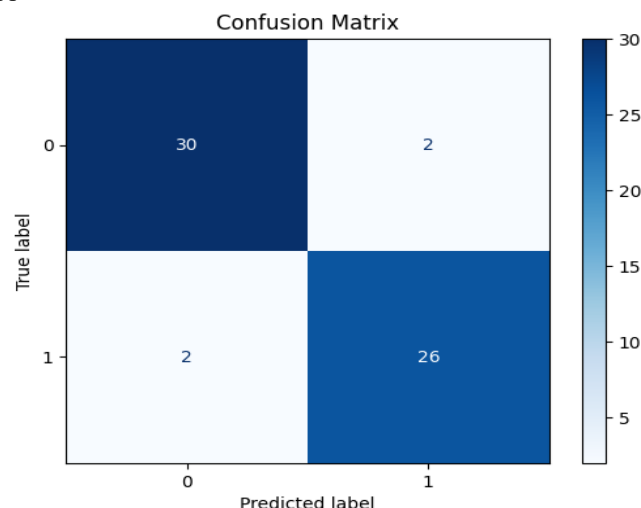
F. Machine Learning and Data Analysis

Quantum machine learning can facilitate the analysis of large datasets in drug discovery, enabling more accurate predictions of drug efficacy, toxicity, and other key attributes. Nature Machine Intelligence (2020), "Quantum machine learning in drug discovery", this research points out how quantum machine learning algorithms are better at processing

high-dimensional data. These revealing patterns classical approaches may not detect. This can lead to more accurate predictions of drug attributes and accelerate the discovery process.

VI. CONCLUSION

Quantum computing has the potential to revolutionise drug discovery by offering unprecedented computational power for molecular modelling, protein folding, drug design, and pharmacokinetics. While the challenges are fundamental, continued advances in quantum hardware, algorithms, and software infrastructure are setting the stage for real-world applications within the near future.



[Fig.3: Confusion Matrix]

As technology continues to advance, multidisciplinary interaction among quantum physicists, chemists, biologists, and computer scientists will be necessary to harness the full potential of quantum computing in drug discovery.

PROSPECTS

The future certainly appears brighter for drug discovery applications with quantum computing, but not through significant research investment; industry and academia are closely connected in a synergistic environment that fosters collective growth (37). Acceleration in innovative capabilities will become increasingly reliant on the optimisation of quantum computing algorithms, enabling easy access through cloud platforms provided by several companies. Hence, this will open up several avenues in the field of personalized medicine with quick discovery potential backed by high efficiency through rapid drug development tailored to individual patient needs (38). With advancing research, the quantum computer is expected to transform the landscape of drug discovery, offering enhanced effectiveness, lower costs, and ultimately, improved global health benefits. Recent and existing literature in the areas of quantum computing and drug discovery demonstrates a significant interest in and research on the application of quantum algorithms in molecular simulation. Studies have shown that quantum computers have the potential to tackle the challenging



issues of drug discovery more effectively than classical computers.

DECLARATION STATEMENT

After aggregating input from all authors, I must verify the accuracy of the following information as the article's author.

- **Conflicts of Interest/ Competing Interests:** Based on my understanding, this article has no conflicts of interest.
- **Funding Support:** This article has not been funded by any organizations or agencies. This independence ensures that the research is conducted with objectivity and without any external influence.
- **Ethical Approval and Consent to Participate:** The content of this article does not necessitate ethical approval or consent to participate with supporting documentation.
- **Data Access Statement and Material Availability:** The adequate resources of this article are publicly accessible.
- **Author's Contributions:** The authorship of this article is contributed equally to all participating individuals.

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